

Comparatif Whey - BulkPowders

	Prot. De Lactosérum		Informed Whey	Isolat 90	Isolat 97	
Gout	Nature	Arome	Arome	Nature	Arome	Nature
Prix	55.0 €	65.0 €	50.0 €	85.0 €	90.0 €	110.0 €
Poids (kg)	5.0	5.0	2.3	5.0	5.0	5.0
Prix/kg	11.0 €	13.0 €	22.0 €	17.0 €	18.0 €	22.0 €
Kcal (100g)	400.0	344.9	352.8	377.0	382.0	393.1
P (100g)	80.0	77.3	81.0	90.0	87.0	97.6
G (100g)	5.0	3.3	4.5	2.0	4.0	-
L (100g)	6.7	2.5	1.2	1.0	2.0	0.3
Kcal (30g)	120.0	103.5	105.8	113.1	114.6	117.9
P (30g)	24.0	23.2	24.3	27.0	26.1	29.3
G (30g)	1.5	1.0	1.4	0.6	1.2	-
L (30g)	2.0	0.8	0.4	0.3	0.6	0.1
Prix/dose	0.33 €	0.39 €	0.66 €	0.51 €	0.54 €	0.66 €
Prix/g	0.01 €	0.02 €	0.03 €	0.02 €	0.02 €	0.02 €
Aminogramme:						
Leucine	10.3	10.3	n/c	10.5	10.5	10.5
Isoleucine	6.4	6.4	n/c	6.4	6.4	6.4
Valine	6.0	6.0	n/c	6.0	6.0	6.0
BCAA	22.8	22.8	-	22.9	22.9	22.9
Lysine	9.4	9.4	n/c	9.4	9.4	9.4
Méthionine	2.2	2.2	n/c	2.3	2.3	2.3
Phénylalanine	3.0	3.0	n/c	3.1	3.1	3.1
Thréonine	6.8	6.8	n/c	6.8	6.8	6.8
Tryptophane	1.3	1.3	n/c	1.5	1.5	1.5
EAA (Essential Amino Acid)	22.7	22.7	-	22.9	22.9	22.9
Arginine	2.2	2.2	n/c	2.3	2.3	2.3
Cystine	2.2	2.2	n/c	2.3	2.3	2.3
A. Glutamique	18.0	18.0	n/c	18.1	18.1	18.1
Histidine	1.7	1.7	n/c	1.5	1.5	1.5
Proline	5.5	5.5	n/c	5.6	5.6	5.6
Tyrosine	2.6	2.6	n/c	2.6	2.6	2.6
CAA (Conditional AA)	32.2	32.2	-	32.3	32.3	32.3
Alanine	5.1	5.1	n/c	4.9	4.9	4.9
A. Aspartique	11.2	11.2	n/c	11.0	11.0	11.0
Glycine	1.3	1.3	n/c	1.5	1.5	1.5
Sérine	4.8	4.8	n/c	4.5	4.5	4.5
NEAA (Non-essential AA)	22.4	22.4	-	21.8	21.8	21.8
BCAA/EAA	50.1%	50.1%	n/c	50.0%	50.0%	50.0%