

Comparatif Whey - NutriMuscle

	Whey Bio-Active		MuscleWhey 5		Protéines Totales		Isolat Bio-Active	
Gout	Nature	Arome	Nature	Arome	Nature	Arome		
Prix	97.0 €		100.0 €		97.0 €	100.0 €	125.0 €	130.0 €
Poids (kg)	6.0		6.0		6.0	6.0	6.0	6.0
Prix/kg	16.2 €		16.7 €		16.2 €	16.7 €	20.8 €	21.7 €
Kcal (100g)	402.7		383.8		363.5	363.5	369.6	376.7
P (100g)	80.0		78.2		78.5	78.5	90.0	86.0
G (100g)	6.5		11.0		9.0	9.0	1.5	7.5
L (100g)	6.3		3.0		1.5	1.5	0.4	0.3
Kcal (30g)	120.8		115.1		109.1	109.1	110.9	113.0
P (30g)	24.0		23.5		23.6	23.6	27.0	25.8
G (30g)	2.0		3.3		2.7	2.7	0.5	2.3
L (30g)	1.9		0.9		0.5	0.5	0.1	0.1
Prix/dose	0.49 €		0.50 €		0.49 €	0.50 €	0.63 €	0.65 €
Prix/g	0.02 €		0.02 €		0.02 €	0.02 €	0.02 €	0.03 €
Aminogramme:								
Leucine	12.4		12.3		9.0	9.0	11.9	11.9
Isoleucine	5.7		5.6		5.0	5.0	5.4	5.4
Valine	4.9		5.0		6.0	6.0	5.3	5.3
BCAA	23.0		22.9		20.1	20.1	22.6	22.6
Lysine	10.6		10.3		7.9	7.9	9.6	9.6
Méthionine	2.1		2.1		2.6	2.6	2.2	2.2
Phénylalanine	3.7		3.7		4.6	4.6	3.7	3.7
Thréonine	4.6		4.7		4.2	4.2	5.0	5.0
Tryptophane	2.3		2.3		1.3	1.3	2.2	2.2
EAA (Essential Amino Acid)	23.3		23.1		20.7	20.7	22.6	22.6
Arginine	2.5		2.7		3.5	3.5	3.0	3.0
Cystine	4.0		3.6		1.1	1.1	2.6	2.6
A. Glutamique	15.5		15.8		20.3	20.3	16.6	16.6
Histidine	2.1		2.1		2.5	2.5	2.1	2.1
Proline	3.6		4.0		9.2	9.2	5.1	5.1
Tyrosine	3.8		3.8		5.0	5.0	3.9	3.9
CAA (Conditional AA)	31.5		32.0		41.7	41.7	33.3	33.3
Alanine	5.1		4.9		3.1	3.1	4.6	4.6
A. Aspartique	11.4		11.0		7.3	7.3	10.2	10.2
Glycine	1.8		1.8		1.8	1.8	1.8	1.8
Sérine	3.8		4.1		5.3	5.3	4.9	4.9
NEAA (Non-essential AA)	22.1		21.9		17.5	17.5	21.5	21.5
BCAA/EAA	49.7%		49.8%		49.2%	49.2%	50.0%	50.0%